



36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

Detailed evaluation

Lenk, Helga

Club: SG Sossenheim

Number: 46301

Course: 36.60 km

Wandern/ Walking/ Nordic-Walking (W35)

Total time: 5:45:57

Speed: 6.24 km/h

metres in height up: 816

Course score: 48.24

performance score: 298 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Schnepfenthal	0	0	07:01	00:00	00:00
Schmidts Wiese	10.4	10.4	08:33	01:31	01:31
Possenröder Kreuz	14.7	4.3	09:09	02:08	00:36
Ebertswiese	18.5	3.8	09:46	02:44	00:36
Neue Ausspanne	21.3	2.8	10:26	03:24	00:40
Neuhöfer Wiese	25.8	4.5	11:11	04:09	00:44
Gustav-Freytag-Stein	33.0	7.2	12:15	05:13	01:04
Grenzadler	36.6	3.6	12:47	05:45	00:32