



36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

Detailed evaluation

Elflein, Annett

Club: Gotha
Number: 46367

Course: 36.60 km

Wandern/ Walking/ Nordic-Walking (W35)

Total time: 5:17:07

Speed: 6.81 km/h

metres in height up: 816
Course score: 48.24

performance score: 325 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|----------------------|----------|----------|-------------|------------|------------|
| Schnepfenthal | 0 | 0 | 07:01 | 00:00 | 00:00 |
| Schmidts Wiese | 10.4 | 10.4 | 08:25 | 01:23 | 01:23 |
| Possenröder Kreuz | 14.7 | 4.3 | 08:59 | 01:58 | 00:34 |
| Ebertswiese | 18.5 | 3.8 | 09:35 | 02:33 | 00:35 |
| Neue Ausspanne | 21.3 | 2.8 | 10:12 | 03:11 | 00:37 |
| Neuhöfer Wiese | 25.8 | 4.5 | 10:52 | 03:50 | 00:39 |
| Gustav-Freytag-Stein | 33.0 | 7.2 | 11:49 | 04:48 | 00:57 |
| Grenzdler | 36.6 | 3.6 | 12:18 | 05:17 | 00:28 |