



36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

Detailed evaluation

Laing, Ralf

Club: Bergfreunde Luis Trinker
Number: 46594

Course: 36.60 km

Wandern/ Walking/ Nordic-Walking (W35)

Total time: 5:38:04

Speed: 6.39 km/h

metres in height up: 816

Course score: 48.24

performance score: 305 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Schnepfenthal	0	0	07:41	00:00	00:00
Schmidts Wiese	10.4	10.4	09:19	01:37	01:37
Possenröder Kreuz	14.7	4.3	09:57	02:15	00:38
Ebertswiese	18.5	3.8	10:34	02:53	00:37
Neue Ausspanne	21.3	2.8	11:13	03:32	00:39
Neuhöfer Wiese	25.8	4.5	11:54	04:13	00:41
Gustav-Freytag-Stein	33.0	7.2	12:50	05:08	00:55
Grenzdler	36.6	3.6	13:19	05:38	00:29