



36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

Detailed evaluation

Wilk, Rainer

Club: LTV Erfurt

Number: 46593

Course: 36.60 km

Wandern/ Walking/ Nordic-Walking (W35)

Total time: 5:29:03

Speed: 6.56 km/h

metres in height up: 816

Course score: 48.24

performance score: 313 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|----------------------|----------|----------|-------------|------------|------------|
| Schnepfenthal | 0 | 0 | 07:50 | 00:00 | 00:00 |
| Schmidts Wiese | 10.4 | 10.4 | 09:19 | 01:29 | 01:29 |
| Possenröder Kreuz | 14.7 | 4.3 | 09:54 | 02:03 | 00:34 |
| Ebertswiese | 18.5 | 3.8 | 10:31 | 02:41 | 00:37 |
| Neue Ausspanne | 21.3 | 2.8 | 11:06 | 03:16 | 00:34 |
| Neuhöfer Wiese | 25.8 | 4.5 | 11:49 | 03:58 | 00:42 |
| Gustav-Freytag-Stein | 33.0 | 7.2 | 12:48 | 04:58 | 00:59 |
| Grenzdler | 36.6 | 3.6 | 13:19 | 05:29 | 00:31 |