



36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

Detailed evaluation

Nähler, Thomas

Club: TSV Eiterhagen
Number: 46025

Course: 36.60 km

Wandern/ Walking/ Nordic-Walking (W35)

Total time: 6:15:49

Speed: 5.75 km/h

metres in height up: 816
Course score: 48.24

performance score: 274 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|----------------------|----------|----------|-------------|------------|------------|
| Schnepfenthal | 0 | 0 | 07:02 | 00:00 | 00:00 |
| Schmidts Wiese | 10.4 | 10.4 | 08:37 | 01:34 | 01:34 |
| Possenröder Kreuz | 14.7 | 4.3 | 09:15 | 02:13 | 00:38 |
| Ebertswiese | 18.5 | 3.8 | 09:57 | 02:55 | 00:41 |
| Neue Ausspanne | 21.3 | 2.8 | 10:42 | 03:40 | 00:45 |
| Neuhöfer Wiese | 25.8 | 4.5 | 11:33 | 04:31 | 00:51 |
| Gustav-Freytag-Stein | 33.0 | 7.2 | 12:41 | 05:38 | 01:07 |
| Grenzdler | 36.6 | 3.6 | 13:18 | 06:15 | 00:36 |