



36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

Detailed evaluation

Demelius, Frank

Club: Erfurt
Number: 46469

Course: 36.60 km

Wandern/ Walking/ Nordic-Walking (W35)

Total time: 6:20:57

Speed: 5.67 km/h

metres in height up: 816
Course score: 48.24

performance score: 271 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Schnepfenthal	0	0	07:01	00:00	00:00
Schmidts Wiese	10.4	10.4	08:46	01:44	01:44
Possenröder Kreuz	14.7	4.3	09:29	02:27	00:42
Ebertswiese	18.5	3.8	10:14	03:12	00:45
Neue Ausspanne	21.3	2.8	10:59	03:58	00:45
Neuhöfer Wiese	25.8	4.5	11:46	04:44	00:46
Gustav-Freytag-Stein	33.0	7.2	12:50	05:48	01:04
Grenzdler	36.6	3.6	13:22	06:20	00:32