



36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

Detailed evaluation

Pappe, Detlef

Club: Albingshausen
Number: 46060

Course: 36.60 km

Wandern/ Walking/ Nordic-Walking (W35)

Total time: 5:43:48

Speed: 6.28 km/h

metres in height up: 816
Course score: 48.24

performance score: 300 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|----------------------|----------|----------|-------------|------------|------------|
| Schnepfenthal | 0 | 0 | 07:01 | 00:00 | 00:00 |
| Schmidts Wiese | 10.4 | 10.4 | 08:33 | 01:32 | 01:32 |
| Possenröder Kreuz | 14.7 | 4.3 | 09:09 | 02:08 | 00:35 |
| Ebertswiese | 18.5 | 3.8 | 09:46 | 02:45 | 00:37 |
| Neue Ausspanne | 21.3 | 2.8 | 10:24 | 03:23 | 00:37 |
| Neuhöfer Wiese | 25.8 | 4.5 | 11:10 | 04:09 | 00:46 |
| Gustav-Freytag-Stein | 33.0 | 7.2 | 12:13 | 05:12 | 01:02 |
| Grenzdler | 36.6 | 3.6 | 12:44 | 05:43 | 00:31 |