



36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

Detailed evaluation

Birkenfeld, Helga

Club: Bad Homburg
Number: 46007

Course: 36.60 km

Wandern/ Walking/ Nordic-Walking (W35)

Total time: 6:23:30

Speed: 5.63 km/h

metres in height up: 816
Course score: 48.24

performance score: 269 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Schnepfenthal	0	0	07:08	00:00	00:00
Schmidts Wiese	10.4	10.4	08:43	01:35	01:35
Possenröder Kreuz	14.7	4.3	09:24	02:16	00:41
Ebertswiese	18.5	3.8	10:05	02:57	00:41
Neue Ausspanne	21.3	2.8	10:50	03:42	00:45
Neuhöfer Wiese	25.8	4.5	11:44	04:36	00:54
Gustav-Freytag-Stein	33.0	7.2	12:53	05:45	01:09
Grenzdler	36.6	3.6	13:31	06:23	00:37