



36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

Detailed evaluation

Heger, Anja

Club: Hameln

Number: 46572

Course: 36.60 km

Wandern/ Walking/ Nordic-Walking (W35)

Total time: 6:46:52

Speed: 5.31 km/h

metres in height up: 816

Course score: 48.24

performance score: 254 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|----------------------|----------|----------|-------------|------------|------------|
| Schnepfenthal | 0 | 0 | 07:06 | 00:00 | 00:00 |
| Schmidts Wiese | 10.4 | 10.4 | 08:50 | 01:43 | 01:43 |
| Possenröder Kreuz | 14.7 | 4.3 | 09:35 | 02:28 | 00:45 |
| Ebertswiese | 18.5 | 3.8 | 10:20 | 03:13 | 00:45 |
| Neue Ausspanne | 21.3 | 2.8 | 11:04 | 03:57 | 00:44 |
| Neuhöfer Wiese | 25.8 | 4.5 | 11:52 | 04:46 | 00:48 |
| Gustav-Freytag-Stein | 33.0 | 7.2 | 13:13 | 06:06 | 01:20 |
| Grenzdler | 36.6 | 3.6 | 13:53 | 06:46 | 00:40 |