



36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

Detailed evaluation

Seyfarth, Olaf

Club: Oering

Number: 46106

Course: 36.60 km

Wandern/ Walking/ Nordic-Walking (W35)

Total time: 8:11:39

Speed: 4.39 km/h

metres in height up: 816

Course score: 48.24

performance score: 210 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|----------------------|----------|----------|-------------|------------|------------|
| Schnepfenthal | 0 | 0 | 07:02 | 00:00 | 00:00 |
| Schmidts Wiese | 10.4 | 10.4 | 08:58 | 01:56 | 01:56 |
| Possenröder Kreuz | 14.7 | 4.3 | 09:56 | 02:54 | 00:58 |
| Ebertswiese | 18.5 | 3.8 | 10:53 | 03:51 | 00:56 |
| Neue Ausspanne | 21.3 | 2.8 | 11:49 | 04:47 | 00:56 |
| Neuhöfer Wiese | 25.8 | 4.5 | 12:49 | 05:47 | 01:00 |
| Gustav-Freytag-Stein | 33.0 | 7.2 | 14:28 | 07:26 | 01:38 |
| Grenzdler | 36.6 | 3.6 | 15:13 | 08:11 | 00:45 |