



# 36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

## Detailed evaluation

**Methling, Ralf-Peter**

Club: GM RLV  
Number: 46515

Course: 36.60 km

Wandern/ Walking/ Nordic-Walking (W35)

Total time: 4:49:41

Speed: 7.46 km/h

metres in height up: 816

Course score: 48.24

performance score: 356 Points

## Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Schnepfenthal	0	0	07:02	00:00	00:00
Schmidts Wiese	10.4	10.4	08:26	01:24	01:24
Possenröder Kreuz	14.7	4.3	09:00	01:57	00:33
Ebertswiese	18.5	3.8	09:30	02:27	00:30
Neue Ausspanne	21.3	2.8	09:56	02:54	00:26
Neuhöfer Wiese	25.8	4.5	10:36	03:34	00:39
Gustav-Freytag-Stein	33.0	7.2	11:27	04:24	00:50
Grenzadler	36.6	3.6	11:52	04:49	00:25