



# 36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

## Detailed evaluation

Frost, Harald

Club: BSG FSV Waldheim  
Number: 46376

Course: 36.60 km

Wandern/ Walking/ Nordic-Walking (W35)

Total time: 4:49:15

Speed: 7.47 km/h

metres in height up: 816  
Course score: 48.24

performance score: 357 Points

## Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Schnepfenthal	0	0	07:11	00:00	00:00
Schmidts Wiese	10.4	10.4	08:28	01:17	01:17
Possenröder Kreuz	14.7	4.3	08:57	01:45	00:28
Ebertswiese	18.5	3.8	09:26	02:15	00:29
Neue Ausspanne	21.3	2.8	09:58	02:46	00:31
Neuhöfer Wiese	25.8	4.5	10:37	03:26	00:39
Gustav-Freytag-Stein	33.0	7.2	11:32	04:20	00:54
Grenzdler	36.6	3.6	12:00	04:49	00:28