



# 15. Feengrottenpokal im Berglaufen

Saalfeld / 24.05.2008

## Detailed evaluation

**Thomas, Frank**

Club: SV Cursdorf-Meuselbach

Number: 61

Course: 4.50 km

Berglauf

Category:

Männer M40

Total time: 24:03

Speed: 9.98 km/h

Running performance: 5:20 min/km

Rank in course/Total: 55 (of 132)

Rank in course/Men: 54 (of 96)

Best time in course: 18:30

Rank in category: 12(of 17)

Best time in the category: 20:32