



Horizontale "Rund um Jena" 2008

Jena / 23.05.2008-24.05.2008

Detailed evaluation

Lifka, Jan

Club: Gräfenhainichen

Number: 5

Course: 99.50 km

100 km Langstreckenwanderung

Total time: 23:17:09

Speed: 4.25 km/h

metres in height up: 2339

Course score: 134.09

performance score: 575 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	18:11	00:00	00:00
Zöllnitz/ Festwiese	22.6	22.6	22:39	04:27	04:27
Ammerbach/ Festwiese	46.2	23.6	04:15	10:04	05:36
Rosental	68.0	21.8	09:38	15:27	05:23
Kunitz	70.0	2.0	10:24	16:13	00:45
Steinkreuz	84.9	14.9	13:58	19:46	03:33
Fürstenbrunnen	94.2	9.3	16:26	22:14	02:27
USZ	99.5	5.3	17:28	23:17	01:02