



Breitunger Brückenlauf

Breitungen / 24.05.2008

Detailed evaluation

Gasterstedt, Ralf

Club: Unkeroda

Number: 561

Course: 11.00 km
11 km

Category:

Männer M45

Total time: 57:52

Speed: 11.41 km/h

Running performance: 5:16 min/km

Rank in course/Total: 79 (of 206)

Rank in course/Men: 71 (of 149)

Best time in course: 38:56

Rank in category: 9(of 17)

Best time in the category: 46:49