



Breitunger Brückenlauf  
Breitungen / 24.05.2008

Detailed evaluation

Dudek, Harald

Club: LSV Lok Arnstadt  
Number: 490

Course: 11.00 km  
11 km

Category:  
Männer M60

Total time: 1:00:50

Speed: 10.85 km/h  
Running performance: 5:32 min/km

Rank in course/Total: 115 (of 206)

Rank in course/Men: 99 (of 149)

Best time in course: 38:56

Rank in category: 6(of 8)

Best time in the category: 49:11