



# Breitunger Brückenlauf

Breitungen / 24.05.2008

## Detailed evaluation

**Lettau, Heiko**

Club: Arkade

Number: 828

Course: 21.00 km

21 km

Category:

Männer M45

Total time: 1:46:56

Speed: 11.78 km/h

Running performance: 5:05 min/km

Rank in course/Total: 62 (of 110)

Rank in course/Men: 59 (of 95)

Best time in course: 1:14:16

Rank in category: 9(of 14)

Best time in the category: 1:22:38