



14. Hainichlauf, 2. Wildkatzenlauf 2008

Mihla / 31.05.2008

Detailed evaluation

Sakuth, Holger

Club: M&H Rennsteigteam

Number: 148

Course: 6.00 km

Kurzstrecke

Category:

Männer M45

Total time: 24:59

Speed: 14.41 km/h

Running performance: 4:10 min/km

Rank in course/Total: 8 (of 43)

Rank in course/Men: 8 (of 29)

Best time in course: 22:10

Rank in category: 2(of 4)

Best time in the category: 24:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Kontrolle	3.00	fehlt!	-	-	-	-	-	3.00	-	-	-	-	-	-	-
Finish	3.00	24:59	8:19	4	12:41	19	13:34	6.00	24:59	4:09	2	0:57	8	2:49	