



14. Hainichlauf, 2. Wildkatzenlauf 2008

Mihla / 31.05.2008

Detailed evaluation

Sieber, René

Club: Ecklingerode

Number: 108

Course: 6.00 km

Kurzstrecke

Category:

Männer M45

Total time: 29:58

Speed: 12.01 km/h

Running performance: 4:59 min/km

Rank in course/Total: 32 (of 43)

Rank in course/Men: 26 (of 29)

Best time in course: 22:10

Rank in category: 4(of 4)

Best time in the category: 24:02

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	3.00	14:23	4:47	3	2:39	12	3:16	3.00	14:23	4:47	3	2:39	12	3:16
Finish	3.00	15:35	5:11	3	3:17	12	4:10	6.00	29:58	4:59	4	5:56	26	7:48