



14. Hainichlauf, 2. Wildkatzenlauf 2008

Mihla / 31.05.2008

Detailed evaluation

Henning, Silke

Club: Ruhla

Number: 0

Course: 6.00 km

Kurzstrecke

Category:

Frauen W40

Total time: 30:05

Speed: 11.97 km/h

Running performance: 5:01 min/km

Rank in course/Total: 33 (of 43)

Rank in course/Women: 7 (of 14)

Best time in course: 25:24

Rank in category: 1 (of 2)

Best time in the category: 30:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Kontrolle	3.00	fehlt!	-	-	-	-	-	3.00	-	-	-	-	-	-	-
Finish	3.00	30:05	10:01	2	12:04	13	16:08	6.00	30:05	5:00	1	-	7	4:41	