



14. Hainichlauf, 2. Wildkatzenlauf 2008

Mihla / 31.05.2008

Detailed evaluation

Plaschil, Sylvia

Club: BUND
Number: 138

Course: 6.00 km
Kurzstrecke

Category:
Frauen W40

Total time: 34:32

Speed: 10.42 km/h
Running performance: 5:46 min/km

Rank in course/Total: 40 (of 43)

Rank in course/Women: 13 (of 14)

Best time in course: 25:24

Rank in category: 2(of 2)

Best time in the category: 30:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Kontrolle	3.00	16:31	5:30	1	-	6	2:35	3.00	16:31	5:30	1	-	6	2:35
Finish	3.00	18:01	6:00	1	-	6	4:04	6.00	34:32	5:45	2	4:27	13	9:08