



14. Hainichlauf, 2. Wildkatzenlauf 2008

Mihla / 31.05.2008

Detailed evaluation

Sänger, Matthias

Club: RSC Waltershausen

Number: 319

Course: 13.00 km

Mittelstrecke

Category:

Männer M45

Total time: 55:17

Speed: 14.11 km/h

Running performance: 4:15 min/km

Rank in course/Total: 12 (of 133)

Rank in course/Men: 12 (of 103)

Best time in course: 50:51

Rank in category: 1(of 15)

Best time in the category: 55:17

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	7.00	30:10	4:18	1	-	12	7:06	7.00	30:10	4:18	1	-	62	
Finish	6.00	25:07	4:11	1	-	15	4:02	13.00	55:17	4:15	1	-	16	9:10