



14. Hainichlauf, 2. Wildkatzenlauf 2008

Mihla / 31.05.2008

Detailed evaluation

Swiderski, Jan

Club: Bosch Eisenach

Number: 234

Course: 13.00 km

Mittelstrecke

Category:

Männer M40

Total time: 56:40

Speed: 13.76 km/h

Running performance: 4:22 min/km

Rank in course/Total: 16 (of 133)

Rank in course/Men: 15 (of 103)

Best time in course: 50:51

Rank in category: 1(of 14)

Best time in the category: 56:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	7.00	23:04	3:17	1	-	1	-	7.00	23:04	3:17	1	-	59	
Finish	6.00	33:36	5:36	13	7:41	85	12:31	13.00	56:40	4:21	1	-	19	10:33