



14. Hainichlauf, 2. Wildkatzenlauf 2008

Mihla / 31.05.2008

Detailed evaluation

Pohl, Wolfgang

Club: SV Normania Treffurt e.V.

Number: 235

Course: 13.00 km

Mittelstrecke

Category:

Männer M55

Total time: 1:00:56

Speed: 12.80 km/h

Running performance: 4:41 min/km

Rank in course/Total: 39 (of 133)

Rank in course/Men: 38 (of 103)

Best time in course: 50:51

Rank in category: 4(of 7)

Best time in the category: 55:46

Intermediate times

Stage score

Total ranking

Control	Split		Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	km	Time				Pos Men	Behind Men							
Kontrolle	7.00	33:41	4:48	3	3:11	38	10:37	7.00	33:41	4:48	4	3:11	85	
Finish	6.00	27:15	4:32	4	1:59	39	6:10	13.00	1:00:56	4:41	4	5:10	42	14:49