



# 14. Hainichlauf, 2. Wildkatzenlauf 2008

Mihla / 31.05.2008

## Detailed evaluation

**Niehage, Matthias**

Club: ESV Lok Eisenach

Number: 295

Course: 13.00 km

Mittelstrecke

Category:

Männer M30

Total time: 1:01:03

Speed: 12.78 km/h

Running performance: 4:42 min/km

Rank in course/Total: 40 (of 133)

Rank in course/Men: 39 (of 103)

Best time in course: 50:51

Rank in category: 5(of 9)

Best time in the category: 50:51

## Intermediate times

## Stage score

## Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	7.00	33:26	4:46	4	5:12	35	10:22	7.00	33:26	4:46	5	5:12	84	
Finish	6.00	27:37	4:36	5	5:00	44	6:32	13.00	1:01:03	4:41	5	10:12	43	14:56