



14. Hainichlauf, 2. Wildkatzenlauf 2008

Mihla / 31.05.2008

Detailed evaluation

Van Nienhoven, Lisbeth

Club: TSV 1869 Herleshausen

Number: 324

Course: 13.00 km

Mittelstrecke

Category:

Frauen W45

Total time: 1:02:30

Speed: 12.48 km/h

Running performance: 4:49 min/km

Rank in course/Total: 43 (of 133)

Rank in course/Women: 2 (of 30)

Best time in course: 55:46

Rank in category: 1(of 4)

Best time in the category: 1:02:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Kontrolle	7.00	35:10	5:01	1	-	2	4:42	7.00	35:10	5:01	1	-	26		
Finish	6.00	27:20	4:33	1	-	2	2:02	13.00	1:02:30	4:48	1	-	2	6:44	