



14. Hainichlauf, 2. Wildkatzenlauf 2008

Mihla / 31.05.2008

Detailed evaluation

plafki, christian

Club: vfl wanfried

Number: 210

Course: 13.00 km

Mittelstrecke

Category:

Männer M30

Total time: 1:06:28

Speed: 11.74 km/h

Running performance: 5:07 min/km

Rank in course/Total: 63 (of 133)

Rank in course/Men: 59 (of 103)

Best time in course: 50:51

Rank in category: 9(of 9)

Best time in the category: 50:51

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Total	Pos	Behind	Pos	Behind
	km	Time			min/km	Cat.		Cat.	Men					
Kontrolle	7.00	36:31	5:13	9	8:17	62	13:27	7.00	36:31	5:13	9	8:17	1	-
Finish	6.00	29:57	4:59	8	7:20	62	8:52	13.00	1:06:28	5:06	9	15:37	63	20:21