



14. Hainichlauf, 2. Wildkatzenlauf 2008

Mihla / 31.05.2008

Detailed evaluation

Nickel, Mario

Club: Sangerhausen

Number: 228

Course: 13.00 km

Mittelstrecke

Category:

Männer M40

Total time: 1:10:18

Speed: 11.10 km/h

Running performance: 5:25 min/km

Rank in course/Total: 76 (of 133)

Rank in course/Men: 70 (of 103)

Best time in course: 50:51

Rank in category: 10(of 14)

Best time in the category: 56:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	7.00	39:28	5:38	11	16:24	79	16:24	7.00	39:28	5:38	10	16:24	4	2:57
Finish	6.00	30:50	5:08	9	4:55	67	9:45	13.00	1:10:18	5:24	10	13:38	74	24:11