



14. Hainichlauf, 2. Wildkatzenlauf 2008

Mihla / 31.05.2008

Detailed evaluation

Gräfenstein, Steven

Club: Eisenach

Number: 469

Course: 21.10 km

Halbmarathon

Category:

Männer M20

Total time: 1:30:33

Speed: 13.91 km/h

Running performance: 4:17 min/km

Rank in course/Total: 10 (of 85)

Rank in course/Men: 10 (of 75)

Best time in course: 1:16:58

Rank in category: 3(of 11)

Best time in the category: 1:16:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	11.20	48:14	4:18	3	5:12	10	5:12	11.20	48:14	4:18	2	5:12	47	
Finish	9.90	42:19	4:16	2	2:28	9	2:36	21.10	1:30:33	4:17	3	13:35	10	13:35