



14. Hainichlauf, 2. Wildkatzenlauf 2008

Mihla / 31.05.2008

Detailed evaluation

Panse, Jens

Club: USV EF

Number: 424

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:31:36

Speed: 13.76 km/h

Running performance: 4:20 min/km

Rank in course/Total: 12 (of 85)

Rank in course/Men: 12 (of 75)

Best time in course: 1:16:58

Rank in category: 4(of 15)

Best time in the category: 1:25:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	11.20	47:59	4:17	3	2:31	9	4:57	11.20	47:59	4:17	4	2:31	45	
Finish	9.90	43:37	4:24	5	3:54	11	3:54	21.10	1:31:36	4:20	4	6:25	12	14:38