



14. Hainichlauf, 2. Wildkatzenlauf 2008

Mihla / 31.05.2008

Detailed evaluation

Dell, Fred

Club: SV Mihla

Number: 468

Course: 21.10 km

Halbmarathon

Category:

Männer M45

Total time: 1:35:18

Speed: 13.22 km/h

Running performance: 4:31 min/km

Rank in course/Total: 16 (of 85)

Rank in course/Men: 16 (of 75)

Best time in course: 1:16:58

Rank in category: 4(of 20)

Best time in the category: 1:26:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	11.20	48:40	4:20	3	1:53	13	5:38	11.20	48:40	4:20	15		41	
Finish	9.90	46:38	4:42	5	6:53	18	6:55	21.10	1:35:18	4:30	4	8:46	16	18:20