



14. Hainichlauf, 2. Wildkatzenlauf 2008

Mihla / 31.05.2008

Detailed evaluation

Urbach, René

Club: Ammern

Number: 408

Course: 21.10 km

Halbmarathon

Category:

Männer M30

Total time: 1:36:57

Speed: 13.06 km/h

Running performance: 4:35 min/km

Rank in course/Total: 17 (of 85)

Rank in course/Men: 17 (of 75)

Best time in course: 1:16:58

Rank in category: 2(of 7)

Best time in the category: 1:25:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	11.20	51:46	4:37	2	6:20	18	8:44	11.20	51:46	4:37	2	6:20	40	
Finish	9.90	45:11	4:33	2	4:56	15	5:28	21.10	1:36:57	4:35	2	11:16	17	19:59