



14. Hainichlauf, 2. Wildkatzenlauf 2008

Mihla / 31.05.2008

Detailed evaluation

Heintze, Kai

Club: Hainichläufer

Number: 428

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:39:24

Speed: 12.74 km/h

Running performance: 4:43 min/km

Rank in course/Total: 22 (of 85)

Rank in course/Men: 22 (of 75)

Best time in course: 1:16:58

Rank in category: 7(of 15)

Best time in the category: 1:25:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	11.20	52:57	4:43	8	7:29	23	9:55	11.20	52:57	4:43	7	7:29	70	
Finish	9.90	46:27	4:41	6	6:44	17	6:44	21.10	1:39:24	4:42	7	14:13	22	22:26