



14. Hainichlauf, 2. Wildkatzenlauf 2008

Mihla / 31.05.2008

Detailed evaluation

Appelt, Robby

Club: Triathlon Barchfeld

Number: 461

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:39:38

Speed: 12.65 km/h

Running performance: 4:43 min/km

Rank in course/Total: 23 (of 85)

Rank in course/Men: 23 (of 75)

Best time in course: 1:16:58

Rank in category: 8(of 15)

Best time in the category: 1:25:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	11.20	52:37	4:41	7	7:09	21	9:35	11.20	52:37	4:41	8	7:09	69	
Finish	9.90	47:01	4:44	9	7:18	22	7:18	21.10	1:39:38	4:43	8	14:27	23	22:40