



14. Hainichlauf, 2. Wildkatzenlauf 2008

Mihla / 31.05.2008

Detailed evaluation

Muschinski, Jan

Club: Rad Geber Witzenhausen

Number: 466

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:42:53

Speed: 12.25 km/h

Running performance: 4:53 min/km

Rank in course/Total: 29 (of 85)

Rank in course/Men: 29 (of 75)

Best time in course: 1:16:58

Rank in category: 10(of 15)

Best time in the category: 1:25:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	11.20	54:52	4:53	10	9:24	35	11:50	11.20	54:52	4:53	10	9:24	63	0:05
Finish	9.90	48:01	4:51	10	8:18	27	8:18	21.10	1:42:53	4:52	10	17:42	29	25:55