



14. Hainichlauf, 2. Wildkatzenlauf 2008

Mihla / 31.05.2008

Detailed evaluation

Aßmann, Holger

Club: Triathlon Jena

Number: 449

Course: 21.10 km

Halbmarathon

Category:

Männer M50

Total time: 1:46:34

Speed: 11.88 km/h

Running performance: 5:03 min/km

Rank in course/Total: 46 (of 85)

Rank in course/Men: 46 (of 75)

Best time in course: 1:16:58

Rank in category: 2(of 4)

Best time in the category: 1:43:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	11.20	56:19	5:01	2	1:47	43	13:17	11.20	56:19	5:01	2	1:47	11	1:32
Finish	9.90	50:15	5:04	2	1:14	42	10:32	21.10	1:46:34	5:03	2	3:01	46	29:36