



14. Hainichlauf, 2. Wildkatzenlauf 2008

Mihla / 31.05.2008

Detailed evaluation

Rose, Frank

Club: Behringen

Number: 2483

Course: 21.10 km

Halbmarathon

Category:

Männer M45

Total time: 1:46:59

Speed: 11.78 km/h

Running performance: 5:04 min/km

Rank in course/Total: 48 (of 85)

Rank in course/Men: 48 (of 75)

Best time in course: 1:16:58

Rank in category: 10(of 20)

Best time in the category: 1:26:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	11.20	55:39	4:58	10	8:52	39	12:37	11.20	55:39	4:58	1	-	9	0:52
Finish	9.90	51:20	5:11	8	11:35	45	11:37	21.10	1:46:59	5:04	10	20:27	48	30:01