



14. Hainichlauf, 2. Wildkatzenlauf 2008

Mihla / 31.05.2008

Detailed evaluation

Berndt, Roland

Club: SV Erbkönig e. V.

Number: 440

Course: 21.10 km

Halbmarathon

Category:

Männer M55

Total time: 1:47:14

Speed: 11.75 km/h

Running performance: 5:05 min/km

Rank in course/Total: 49 (of 85)

Rank in course/Men: 49 (of 75)

Best time in course: 1:16:58

Rank in category: 3(of 5)

Best time in the category: 1:43:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	11.20	55:52	4:59	2	1:08	40	12:50	11.20	55:52	4:59	3	1:08	8	1:05
Finish	9.90	51:22	5:11	3	2:34	46	11:39	21.10	1:47:14	5:04	3	3:42	49	30:16