



14. Hainichlauf, 2. Wildkatzenlauf 2008

Mihla / 31.05.2008

Detailed evaluation

Lohse, Holger

Club: Gerstungen

Number: 417

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:53:00

Speed: 11.15 km/h

Running performance: 5:22 min/km

Rank in course/Total: 56 (of 85)

Rank in course/Men: 55 (of 75)

Best time in course: 1:16:58

Rank in category: 14(of 15)

Best time in the category: 1:25:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	11.20	58:36	5:13	13	13:08	50	15:34	11.20	58:36	5:13	14	13:08	3	3:49
Finish	9.90	54:24	5:29	14	14:41	55	14:41	21.10	1:53:00	5:21	14	27:49	55	36:02