



14. Hainichlauf, 2. Wildkatzenlauf 2008

Mihla / 31.05.2008

Detailed evaluation

VAN Bökel, Ingolf

Club: Fix und Fox Jena

Number: 2491

Course: 21.10 km

Halbmarathon

Category:

Männer M55

Total time: 1:55:47

Speed: 10.88 km/h

Running performance: 5:29 min/km

Rank in course/Total: 62 (of 85)

Rank in course/Men: 61 (of 75)

Best time in course: 1:16:58

Rank in category: 4(of 5)

Best time in the category: 1:43:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	11.20	1:00:52	5:26	4	6:08	58	17:50	11.20	1:00:52	5:26	4	6:08	33	6:05
Finish	9.90	54:55	5:32	4	6:07	56	15:12	21.10	1:55:47	5:29	4	12:15	61	38:49