



### 3. Walking Day am Möhnesee Möhnesee-Körbecke / 31.05.2008

#### Detailed evaluation

Laakmann, Ursula

Club: LT Düsseldorf-Süd  
Number: 500

Course: 10.00 km

Nordic Walking

Total time: 1:25:11

Speed: 7.04 km/h

metres in height up: 167

Course score: 12.51

performance score: 88 Points