



### 3. Walking Day am Möhnesee Möhnesee-Körbecke / 31.05.2008

#### Detailed evaluation

Frielinghaus, Fritz

Club: TLV Rünthe  
Number: 840

Course: 15.00 km  
Nordic Walking

Total time: 2:05:34

Speed: 7.17 km/h

metres in height up: 143  
Course score: 17.15

performance score: 123 Points