



3. Walking Day am Möhnesee Möhnesee-Körbecke / 31.05.2008

Detailed evaluation

Ponomarenko, Werner

Club: Turbo-Schnecken Lüdenscheid
Number: 920

Course: 15.00 km

Nordic Walking

Total time: 1:44:16

Speed: 8.63 km/h

metres in height up: 143

Course score: 17.15

performance score: 148 Points