



1. Zossener Heidewalk

Zossen, OT Schöneiche / 31.05.2008

Detailed evaluation

Lütgens, Ingo

Club: Berlin
Number: 13

Course: 10.06 km
10 km Walking/ Nordic Walking

Total time: 1:34:26

Speed: 6.39 km/h

metres in height up: 88
Course score: 11.32

performance score: 73 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:47	00:00	00:00
km	6.0	6.0	11:42	00:55	00:55
Finish	10.1	4.1	12:21	01:34	00:39