



1. Zossener Heidewalk
Zossen, OT Schöneiche / 31.05.2008

Detailed evaluation

Nähring, Bernd

Club: Berlin
Number: 21

Course: 10.06 km
10 km Walking/ Nordic Walking

Total time: 1:40:30

Speed: 5.97 km/h

metres in height up: 88
Course score: 11.32

performance score: 68 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:47	00:00	00:00
km	6.0	6.0	11:46	00:58	00:58
Finish	10.1	4.1	12:27	01:40	00:41