



1. Zossener Heidewalk
Zossen, OT Schöneiche / 31.05.2008

Detailed evaluation

Lindemann, Ronny

Club: Ketzin

Number: 24

Course: 15.65 km

15,5 km Walking/ Nordic Walking

Total time: 2:05:50

Speed: 7.15 km/h

metres in height up: 119

Course score: 16.79

performance score: 130 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:47	00:00	00:00
km	6.0	6.0	11:30	00:42	00:42
km	11.5	5.5	12:16	01:29	00:46
Finish	15.7	4.2	12:53	02:05	00:36