



1. Zossener Heidewalk

Zossen, OT Schöneiche / 31.05.2008

Detailed evaluation

Lewerenz, Mario

Club: Berlin
Number: 25

Course: 15.65 km
15,5 km Walking/ Nordic Walking

Total time: 2:24:06

Speed: 6.25 km/h

metres in height up: 119
Course score: 16.79

performance score: 114 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:47	00:00	00:00
km	6.0	6.0	11:33	00:46	00:46
km	11.5	5.5	12:32	01:44	00:58
Finish	15.7	4.2	13:11	02:24	00:39