



1. Zossener Heidewalk
Zossen, OT Schöneiche / 31.05.2008

Detailed evaluation

Röske, Michael

Club: NWG Freilauf - LDS

Number: 43

Course: 15.65 km

15,5 km Walking/ Nordic Walking

Total time: 2:36:43

Speed: 5.74 km/h

metres in height up: 119

Course score: 16.79

performance score: 104 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:47	00:00	00:00
km	6.0	6.0	11:43	00:56	00:56
km	11.5	5.5	12:38	01:50	00:54
Finish	15.7	4.2	13:24	02:36	00:45