



1. Zossener Heidewalk  
Zossen, OT Schöneiche / 31.05.2008

Detailed evaluation

Schmidt, Günter

Club: GMRV Berlin

Number: 8

Course: 20.94 km

21 km Walking/ Nordic Walking

Total time: 2:50:23

Speed: 7.04 km/h

metres in height up: 154

Course score: 22.31

performance score: 171 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|---------|----------|----------|-------------|------------|------------|
| Start   | 0        | 0        | 10:47       | 00:00      | 00:00      |
| km      | 6.0      | 6.0      | 11:33       | 00:46      | 00:46      |
| km      | 11.5     | 5.5      | 12:16       | 01:29      | 00:43      |
| km      | 14.9     | 3.4      | 12:43       | 01:55      | 00:26      |
| Finish  | 20.9     | 5.0      | 13:37       | 02:50      | 00:54      |