



1. Zossener Heidewalk  
Zossen, OT Schöneiche / 31.05.2008

Detailed evaluation

Storch, Margarete

Club: LWF Leipzig e.V.  
Number: 54

Course: 20.94 km  
21 km Walking/ Nordic Walking

Total time: 3:05:00

Speed: 6.49 km/h

metres in height up: 154  
Course score: 22.31  
performance score: 158 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:47	00:00	00:00
km	6.0	6.0	11:39	00:52	00:52
km	11.5	5.5	12:31	01:43	00:51
km	14.9	3.4	13:03	02:15	00:31
Finish	20.9	5.0	13:52	03:05	00:49